Chapel Hill Friends Meeting

Newsletter Fourth Month, 2020

Monthly Query: How do we demonstrate in our ways of living and in what we teach our children that love of God/Spirit entails acknowledging "that of God in every person"?

Monthly Worship Tip from the M&W Committee

Monthly Worship Tip from the M&W Committee:

Waiting in silent expectation and prayer for guidance from the Light Within is the basis for our Meeting for Worship.

All CHFM Quaker-related activities at the meetinghouse and in the school house have been canceled until **May 17** (pending reassessment).

The Building and Grounds committee has requested that those who rent on the premises find alternate options until we reopen.

Online Forum: Finding the Inner Light in Challenging Times

Sunday April 5 (9:45)

We will watch the Quakerspeak video, "Quakers and the Inner Light," and break into small groups to discuss how we have found and shared light in the current situation.

The forum will use Zoom audio and video conferencing. To join the forum, click on this link, which will be the same link as for Meeting for Worship:

https://us04web.zoom.us/j/701596977

If you have not used Zoom before, you will need to download the platform in advance. Click the link below for wonderfully-easy instructions created by Buzz Borchardt (Note: Now more than ever, being a few minutes early is an act of thoughtfulness).

https://www.chapelhillfriends.org/assets/hospitality/zoom/Participate In Zoom Meeting.htm

Online Meeting for Worship with Zoom, Sunday, Apr 5

Time: Apr 5, 2020 11:00 AM (and every week on Sunday, through May 10)

Join Zoom Meeting

https://us04web.zoom.us/j/701596977

Meeting ID: 701 596 977

Easy pictorial instructions here:

https://www.chapelhillfriends.org/assets/hospitality/zoom/Participate In Zoom Meeting.htm

Notes:

- --The link above will prompt you to download and install the free version of Zoom software if you haven't already done so.
- --On a smart phone, you will need to install an app, which may take a while as Zoom is very busy.
- --Please see the Mute button on the bottom left and mute yourself until led to share vocal ministry (unmute and say your name and share). You may need to place your cursor at the bottom of the screen to see the menu.
- --On the upper right, click on "Gallery View" to see video of all participants.
- --Audio will be by computer or smart phone audio only (telephone call-in is not available right now).
- --If you experience technical problems, send a text to Jeff Brown, the online meeting host this week, 919-883-9229.

Ministry and Worship Committee welcomes comments and questions. This is a work in progress, but we want to do the best we can to sustain our spiritual lives and our connections to the CHFM community. Email ministryandworship@chapelhillfriends.org.

Brad Kershner Hosts Weekly Meditation Group Online, Tuesdays

In this time of social distancing and digital connection, Brad Kershner will be hosting a weekly meditation group online every Tuesday evening at 7:30pm. If you are interested in joining, send an email to integratedemergence@gmail.com.

There has never been a better time for an online meditation group!

(Virtual) Community Prayer - From Your Own Home, Wednesdays

JOIN US IN A TIME OF (VIRTUAL) COMMUNITY PRAYER - FROM YOUR OWN HOME- on Wednesday evenings from 7 PM-9PM beginning March 25, 2020. Join us any time between 7 PM and 9 PM, and stay as long - or as briefly - as you wish. Ministry and Worship Committee is sponsoring this time of prayer together. We view it as an opportunity to nurture our spiritual community while we are unable to gather in our usual Meetings for Worship.

Lynn and Matt Drake have volunteered to "clerk" the March 26 virtual gathering for prayer and healing. Let them know if you plan to participate, if you have questions, if you have names of people to pray for, suggested prayers, etc. Email: matthiascdrake@gmail.com or linda.drake100@gmail.com

Pendle Hill Daily Worship via Zoom, Daily

Pendle Hill Quaker Study, Retreat, and Conference Center is now opening their daily morning worship to everyone, by way of Zoom or phone. A lovely opportunity for gathered worship every morning.

"A handful of Pendle Hill residents continue to gather daily in the Barn – from 8:30am to 9:10am Eastern Time – expanding the 90-year-long tradition of daily worship here on campus.

Beginning the week of March 16, 2020, we started an experiment of opening the circle of worship to YOU in your home. You can join us here via Zoom."

https://pendlehill.org/explore/worship/join-us-online-for-worship-in-the-barn/?bblinkid=210290749&bbemailid=19903873&bbejrid=1408822779

Friends General Conference Survey on Virtual Gathering

Jan Hutton shares with Friends:

Friends General Conference (FGC) has canceled it's on-site annual gathering. However, you can respond to a <u>survey requesting your feedback</u> about the possibility of a virtual FGC Gathering. This would be an opportunity for many Friends who've never attended, in person, to take a deep dive virtually.

Free Conference Calls and Free Zoom

Jan Hutton shares with Friends:

Free Conference Call Numbers for Connection: Another viable path for your book club, Quaker 8 group, committee, to share virtually: freeconferencecall.com

Free Zoom Accounts:

<u>Free Zoom accounts</u> support up to 40 minutes of conversation. Need more time? You can also schedule back to back meetings so you can call in again and continue for another 40 minutes. Schedule 3 back to back meetings to support 2 full hours of sharing.

Here are some easy pictorial instructions for using Zoom.

Participate with the FCNCL Policy Committee

Pam Schwingl shares with Friends:

The Friends Committee on North Carolina Legislation (FCNCL) has established a preliminary listing of priorities for the 2020 state legislative session. Approved by the Executive Committee in November 2019, these priorities will guide our deliberations through October 2020, when they will be recommended for approval by the General Committee for use through 2021. The complete one page document will be included in a CHFM newsletter.

Pam Schwingl is currently a co-clerk of the Policy Committee and welcomes input. In particular, we are seeking members of the committee (either committed members or ad hoc members) willing to help out on the criminal justice reform subcommittee. This priority, led by the Quaker testimonies of Peace and Equality and in support of our FCNCL minute on anti-racism, focuses on bail reform, an end to Immigration and Customs Enforcement (ICE) raids, and the elimination of the death penalty.

In addition to criminal justice reform, our other priorities include electoral reform, access to quality healthcare, and environmental protection. Individuals interested in participating on the policy committee on any of these subcommittees are also welcome. Finally, in addition to the four core priority areas, we wish to affirm our commitment to immigration reform, civil rights, and education, specifically teacher pay, and reducing gun violence.

These priorities are meant to guide our collective work, but not limit it. FCNCL will maintain the flexibility to address policy issues that align with our testimonies as opportunities and urgencies arise.

Please let Pam know if you are interested in working with the Policy Committee of FCNCL, 919-943-0961.

Sewing N95-type Medical Masks

Judy Purviss shares with Friends: Elena Domras of Haddonfield Friends Meeting write:

Hello, all. I'm working with my alma mater, Jefferson University, to design and create safer handmade face masks during this pandemic. Jefferson's textile engineering, fashion design, medical school, and clinical departments collaborated on a prototype, which should be released next week. They'll be acquiring industrial-grade fabric and releasing a pattern for home sewers.

We need to line up volunteers to sew the masks in the Philadelphia area and North Carolina (locations of where we'll be acquiring the industrial-grade felt). My contacts in North Carolina are extremely lacking!

Could any of you put me in touch with North Carolina contacts within Quaker or other communities? Personal contacts in times like these are much more important than generic inquiries make through Quaker Finder or the PYM Web site! Only basic sewing skills are needed; Only a basic sewing machine is required. Materials and a pattern will be provided.

Thank you all so much and I wish you all safety and good health in these times!

-Elena Domras <u>edomras@yahoo.com</u> or call/text (609) 789 - 8918 Haddonfield Friends Meeting

Quaker Earthcare Witness Meeting, Apr 23-26, Moved Online

Our meeting will take place online, beginning Thursday, April 23 and ending on Sunday, April 26

Quaker Earthcare Witness (QEW) will be holding their Steering Committee meeting, April 23-26. Friends are welcome to join any or all of their online sessions. QEW is a North American network of Friends carrying concerns for Earthcare. QEW's job is to connect Friends who are taking Spirit-led action and to inspire all of us through sharing stories.

All are welcome. If you plan to attend full day sessions, please register in advance (for registration and an agenda, see https://www.quakerearthcare.org/upcoming) If you are attending just one session, drop-ins are fine and fees are waived. Contact Shelley@quakerearthcare.org with questions.

Chapel Hill Friends Meeting
Chapel Hill Monthly Meeting of the Religious Society of Friends
531 Raleigh Road, Chapel Hill, NC 27514

Resident: John Hite (919) 929-5377