

# Chapel Hill Friends Meeting Newsletter

September, 2010



## Monthly Query:

*How do I recognize and lay aside my personal agendas as I enter Meeting for Worship with Attention to Business? Do I consider difficult questions with an informed mind as well as a generous and loving spirit?*

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*"We can do no great things; only small things with great love."  
-Mother Theresa*

## **Upcoming Forum Schedule**

**September 5:** "John Woolman: Why does he still challenge us today?" with Bill Schweke and Lloyd Kramer

**September 12:** Buffie Webber, a personal sharing

**September 26:** "Unfinished Business: Quaker Lobby Challenges", current issues being addressed by Friends Committee on National Legislation, with Nancy Milio

**October 3:** "Against the Tide", post prison adjustment, coordinated by Hank Elkins

## **IFC Needs: Food and Bags**

The InterFaith Council (IFC) item for September is canned greens! Please add canned greens to your shopping carts to donate in the green bin in the entry room.

The IFC is also in desperate need of bags to use when packing groceries for members of the Food Pantry. Brown bags with handles are best, but they can use other types as well. If you can bring them to Meeting any Sunday, it will be appreciated.

Other items that the pantry continuously needs are:

Canned meats  
Canned vegetables  
Pasta and pasta sauce

Soup  
Dried Beans  
Canned fruit  
Rice  
Peanut Butter  
Cereal  
Grits/Oatmeal packets  
Personal Care Products (toothbrushes, toothpaste and floss, deodorant, razors and shaving cream, soap and shampoo, lotion, washcloths, feminine products, diapers)  
Blankets, washed (in cold months)  
Space Heaters in good shape (in cold months)  
Box Fans in good shape (in warm months)

The IFC also collects items at its Community Kitchen, its Community House (men's residential facility), and Project Homestart (women's residential facility). The Kitchen needs items like cooking oil, sugar, and condiments, while the residential facilities need linens, diapers, clothing, and personal care products. For a complete list of these items and locations/hours for delivery, visit the IFC website at [www.ifcweb.org/foodneeds.html](http://www.ifcweb.org/foodneeds.html).

## **Evening Appointed Meeting**

### **September 9, 7:00 PM at the Meetinghouse**

On September 9 at 7:00 PM we will hold an evening or "appointed" Meeting with Attention to Business. It will be used to discuss benevolences. Our regular Meeting for Worship with Attention to Business will be September 19 at 9:30 AM.

## **Monthly Queries**

**Deadline: September 15**

From the Ministry and Worship Committee

After a lengthy process of compiling a list of monthly queries, the Ministry and Worship committee has been looking at how we use our monthly queries. Do we take them with us into our daily lives? Do we enter into our busy lives and forget them?

M+W is sitting with the idea of reading the monthly query shortly after meeting is settled into, before the rise of the children. This may offer the opportunity for us to use the query in our worship if we choose and to allow the children the experience of this rich tradition. If you have any thoughts or concerns please contact any member of M+W by email, in person, telephone, mail or through the meeting website by September 15. We will take this up at our October committee meeting

## **Teen Retreat Approaches**

**Deadline: September 5**

Teens in grades 7 through 12:

The September Southern Appalachian Young Friends (SAYF) retreat is coming up on September 11. If you are on the SAYF mailing list you should have received information and permission forms. Wren Hendrickson needs to know by September 5 who is coming, and whether you want to participate in rafting. (There will be an alternative activity if there are people who don't want to raft.)

If you are not yet on the list, you can download forms from the website: <http://awesomesayfers.org/>. Also, if you are an adult and want to come, let Wren know at 602-1587 or Wrenhendrickson@aol.com.

## **Couple Enrichment**

**September 7, 6 to 9 PM at the Greens' house (with monthly meetings to follow at the Durham Friends Meetinghouse);  
October 22-23, 29-30 at the Durham Friends Meetinghouse**

Mike and Marsha Green of Chapel Hill Friends Meeting and Andrew Wright and Jessica Barnhill of Durham Friends Meeting will be offering two different opportunities for couples this fall.

An Ongoing Couple Enrichment Group will begin meeting once per month this fall. Couples who have taken a couple enrichment workshop (at the Gathering or elsewhere) are invited to join this group. The first meeting will be on September 7 from 6 to 9 pm at the Green's house in Durham. This will be a potluck and organizational meeting primarily. The group will also meet Sept 22, Oct. 13, Nov. 10, and Dec. 8 at the Durham Friends Meetinghouse. Participating couples are asked to make a commitment to attend as many of these dates as possible. For more information and to RSVP for the potluck, please contact Mike and Marsha at 929-2339 or Andrew and Jessica at 220-5426.

Andrew and Jessica will also be leading a Couple Enrichment (CE) Workshop under the care of the FGC Couple Enrichment program at the Durham Friends Meetinghouse. Mike and Marsha will attend to support and mentor Andrew and Jessica. The workshop will take place over two weekends: Friday, October 22 from 6-9 pm, Saturday October 23 from 9 am to 3 pm, Friday October 29 from 6-9 pm and Saturday October 30 from 9 am to 3 pm. Couples need to plan to attend the entire workshop since each session builds on the last. Participation in this workshop will prepare couples to participate in the Ongoing CE Group once it starts up again in January/February, if interested. Space in the CE Workshop is limited, so interested couples should contact Andrew and Jessica as soon as possible and no later than October 1. We will not be arranging childcare, but if you need help brainstorming possibilities, please let us know.

There will be a small fee of \$25 per couple for the CE Workshop. This money goes to support the FGC Couple Enrichment ministry as well as for snacks and lunch during the workshop. For more details and to reserve a spot, contact Andrew and Jessica at 220-5426.

Andrew and Jessica have recently trained to be a Friends General Conference Couple Enrichment Leader Couple. Mike and Marsha have been leading FGC Couple Enrichment workshops since 1998. For more information on the FGC CE program, visit <http://www.fgcquaker.org/couple-enrichment>.

# Benevolence Budget Recommended by the Peace & Social Concerns Committee

August 29, 2010

In light of discussion at the May Meeting for Business and new information about the financial resources of organizations, the Peace and Social Concerns recommends increasing by \$1,000 each the amounts recommended in May for the Carolina Friends School, The Friends Committee on National Legislation, and the American Friends Service Committee. From a staff of 410 in 2008, AFSC reduced staff in 2010 to only 236 persons. AFSC also consolidated or closed offices in Afghanistan, Colombia, Democratic Republic of Congo, Jordan, South Africa, and in six U.S. offices. FCNL has cut programs and reduced staff from 43 in 2007 to only 27.5 in 2010.

<b>Benevolences Recommended by the Peace and Social Concerns Committee</b>	<b>Y2007-8</b>	<b>Y2008-9</b>	<b>Y2009-10</b>	<b>Y2010-11</b>
Carolina Friends School*	** 7,880	8,370	*** 7,000	*** <b>7,000</b>
Interfaith Council	7,000	7,000	8,000	8,000
Quaker House	7,000	8,000	6,000	5,000
Friends Committee on National Legislation	1,400	1,500	2,000	<b>3,500</b>
American Friends Service Committee	1,200	1,200	1,500	<b>2,500</b>
Quaker Earthcare Witness	800	1,000	2,000	2,000
NC Warn	100	300	300	2,000
Bolivian Quaker Education Fund	0	600	1,000	1,000
NC Council of Churches (Power & Light)	100	400	400	500

Alamance/Orange Prison Ministry	400	400	400	400
People of Faith Against the Death Penalty	300	300	300	200
Right Sharing of World Resources	300	300	300	200
Orange County Justice United inCommunity Effort (Orange JUICE)	0	0	0	100
Schoolhouse of Wonder	300	0	50	50
Planned Parenthood of Central NC	0	100	50	50
Rural Southern Voice for Peace	100	100	50	50
Orange County Peace Coalition	0	0	50	50
Transition Towns Carrboro – Chapel Hill	0	0	0	50
Triangle Land Conservancy	0	0	0	50
<b>Total Recommended by PS&amp;C Concerns Committee</b>	<b>\$27,380</b>	<b>\$29,670</b>	<b>\$29,400</b>	<b>\$32,700</b>
<b>Adjustment by the Meeting</b>	<b>\$3,620</b>	<b>0</b>	<b>\$1,370</b>	
<b>Total Approved by the Meeting</b>	<b>\$31,000</b>	<b>\$29,670</b>	<b>\$30,770</b>	

\*The Meeting contributes to CFS the use of the Education Building Monday -Friday. The value of that real estate contribution is conservatively estimated to be \$1,000 per month or \$12,000 per year. CFS maintains the Education Building, the playground and half the cost of the parking lot.

\*\*CFS 2007 amount increased by \$3,620 to \$11,500 by Meeting

\*\*\* CFS 2009 amount increased by \$1,370 to \$8,370 by Meeting



# **Eldercare Services in Exchange for Rent**

From Stephen Zunes

Dear Friends,

My name is Stephen Zunes. I grew up in Chapel Hill and was a regular attender in the early to mid-1970s. Before my academic career and other responsibilities became too distracting, I used to write regularly for Friends Journal and led worship sharing groups at a number of FGC gatherings. My wife, Nanlouise Wolfe, was on the FGC staff in the early to mid-1980s.

Some of you may know of my father, the Rev. John Zunes, who was a co-founder of the weekly peace vigils during the 1960s and worked closely with Friends on a number of social concerns. Against our advice, he has recently left a retirement community here in California where he had been living for a couple of years to return to his home in Chapel Hill. He is capable of doing many things himself, but he has moderate dementia and could use someone who might be able to put in 10-12 hours per week driving him places, making sure he takes his medicine and is eating regularly, and can generally keep an eye on things. No formal training in elder care is necessary. Ideally, we would like a grad student or some other responsible young adult who could live rent-free in his house in exchange for such services.

If you know someone who might be interested in this sort of

arrangement, please have him/her send me an email (zunes@usfca.edu) or give Nanlouise or I a call at 831-425-2975.

Thank you. In Peace, Stephen

## **A Brief Overview of Hinduism**

By Emily Buehler

(The following is a summary of Chapter 2 of the book “What the Great Religions Believe” by Joseph Gaer, from the Meeting library. I’ve used masculine pronouns since that’s what the author used.)

The world always was and always will be; it was not created. Hinduism has no founder or creed, but certain beliefs are held by most Hindus: there is one Universal Spirit without beginning or end, called *Brahman* (which means World-Soul). Brahman includes *Brahma*, the Creator; *Vishnu*, the Preserver, and *Shiva*, the Destroyer. This Triad creates, monitors, and destroys the world in a continuous cycle. Vishnu appears on earth in human form to guide and enlighten man. Brahman does not have anthropomorphic characteristics.

Man is part of Brahman; his body is like a robe that is worn until it wears out, while his soul endures forever. The body is ruled by passion, desire, and meaningless ambition, while the soul is ruled by serenity and the tranquil search for truth. Man

should try to live in harmony with his soul in order to attain truth and understand the ultimate nature of reality. This means not being moved by joy or sorrow, but submitting to fate. Tranquility will lead to “right thinking” and then to “right acts.”

The caste system is prescribed by Hinduism. When Brahma created the first man, different “classes” of people came from different parts of his body. The classes had different jobs, social standing, and rights. A man could not rise to a new caste or interact with members of different castes. Over time the castes subdivided, and a casteless class (“untouchables” or “outcastes”) resulted, probably from offspring of illicit unions.

*Karma* is the Law of the Deed, which teaches that good leads to good, and evil to evil. Thoughts and acts are either good or evil and are compensated or punished, although not necessarily immediately. Souls are reincarnated; they can be rewarded or punished in future incarnations. When a soul is finally pure, it is released from the cycle and joins Brahman forever; this state is *Nirvana*. The *Yogas* are disciplines that can help a man reach Nirvana. The *Dharma* or Law of Moral Order can also help; there is no one Dharma, but each man must discover Dharma for himself. The *Vedas* are the eldest of the sacred books and include hymns, prayers, chants, spells, and beliefs.

# Address Updates and Corrections

Sharon Ringwalt, new email:  
sharon.ringwalt@unc.edu

Nancy Milio, new email:  
n.milio38@gmail.com

Annette Broadwell, new email:  
annettebroadwell@gmail.com

Hart Pillow, new email:  
hartpillow@isp.com

Maria Darlington, new address and phone:  
411 Legends Way  
Chapel Hill, NC 27516  
919-619-7213

## Calendar

(All events at Meetinghouse unless otherwise indicated.)

<b>Sun. 9/5</b>	8:30am	Meeting for Worship (Early)
	9:30am	Forum: John Woolman
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
	12:30pm	<b>Potluck &amp; IFC donations</b>
		Environmental Concerns Com. – Schoolhouse
Tue. 9/6	7:30–8:30pm	Yoke Fellows Prison Visitation – Call Hank Elkins
Wed. 9/8	10am–12pm	Quaker Issues & Insights – Marilyn Dyer Home
Thurs. 9/9	7pm	<b>Evening Appointed Business Meeting</b>
Fri. 9/10	4:30–5:30pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd

<b>Sun. 9/12</b>	8:30am	Meeting for Worship (Early)
	9:30am	Forum: Buffie Webber Personal Sharing
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
Tue. 9/14	7:30–8:30pm	Yoke Fellows Prison Visitation – Call Hank Elkins
Wed. 9/15	10am	Quaker Women’s Gathering – Bettie Flash Home
Fri. 9/17	4:30–5:30pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd
<b>Sun. 9/19</b>	8:30am	Meeting for Worship (Early)
	9:30am	<b>Meeting for Worship w/Attention to Business</b>
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
Tue. 9/21	7:30–8:30pm	Yoke Fellows Prison Visitation – Call Hank Elkins
Wed. 9/22	10am–12pm	Quaker Issues & Insights – Marilyn Dyer Home
Fri. 9/24	4:30–5:30pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd
<b>Sun. 9/26</b>	8:30am	Meeting for Worship (Early)
	9:30am	Forum: Quaker Lobby Challenges
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
	10pm	<b>Deadline To Turn In Items For Newsletter!</b>
Fri. 10/1	4:30–5:30pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd
<b>Sun. 10/3</b>	8:30am	Meeting for Worship (Early)
	9:30am	Forum: Against the Tide
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
	12:30pm	<b>Potluck &amp; IFC donations – Schoolhouse</b>
		Environmental Concerns Com. – Schoolhouse
Tue. 10/5	7:30–8:30pm	Yoke Fellows Prison Visitation – Call Hank Elkins
Wed. 10/6	10am–12pm	Quaker Women’s Gathering – Bettie Flash Home
Thur. 10/7	9am–1pm	CHFM Serves Lunch at Interfaith Shelter
Fri. 10/8	4:30–5:30pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd

**Chapel Hill Friends Meeting  
Chapel Hill Monthly Meeting of the Religious  
Society of Friends**

531 Raleigh Road, Chapel Hill, NC 27514  
929.5377

Meetings for Worship at 8:30 and 11:00am  
Forum at 9:45am

Child Care from 9:30am–12:15pm

First Day School from 11:15am–12:00pm

Clerk of the Meeting: Carolyn White (967.4926)

Resident: John Hite (929.5377)

This newsletter is published every first Sunday under the care of the Publications and Records Committee. The deadline for submissions is evening, last Sunday of the month. Please email submissions to [news@chapelhillfriends.org](mailto:news@chapelhillfriends.org), or call Emily Buehler at 475.5756.

To send Meeting News and In The Light announcements via email, or to get your name on our listserv, contact [news@chapelhillfriends.org](mailto:news@chapelhillfriends.org).

This and past issues of the newsletter are available online at [www.chapelhillfriends.org](http://www.chapelhillfriends.org). To get items posted on our website, send the information to [news@chapelhillfriends.org](mailto:news@chapelhillfriends.org).

# Help Update the Directory!

The Publications and Records Committee wants your current address, phone number, and email. Contact us with changes or to verify that your information is still accurate. Changes must be received by November 1st to be included in the 2011 directory.

Here are the ways to submit information:

1. Send us an email at [directory@chapelhillfriends.org](mailto:directory@chapelhillfriends.org).
2. Fill in the form (see back cover) and leave it in the P&R mailbox.
3. Call Emily Buehler at 919 475 5756.
4. Write changes on the large directory poster in the meetinghouse lobby (coming soon!)

Thanks for your help getting the directory out on time!



Name: \_\_\_\_\_

My information is correct.

My information has changed:

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Other changes: \_\_\_\_\_

\_\_\_\_\_



(Fill out this form, detach, and place in the P&R mailbox.)