

# Chapel Hill Friends Meeting Newsletter

June, 2011



## Monthly Query:

*How does our Meeting help members and attenders resolve conflicts in loving and constructive ways? How do we extend this help to people and communities outside the Meeting?*

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*From the ECC:*

*In Every Grain of Sand I See God's Hand. - Bob Dylan*

*This past year, in the Gulf of Mexico, entire islands have disappeared into the sea. The oil left in the water from the off shore drilling explosion clogs up marshlands along shores. This oil does not just deprive animal life of food and oxygen, it chokes out the plant life as well. With the plants dead and dying, their roots can no longer hold life, and the sand and dirt are washed away. Right now the "Energy Jobs Act" is moving through legislation, it allows for off shore drilling in our Outer Banks. Please contact your representatives to let them know where you stand on offshore drilling.*

*On the other side of the story, there exists the "Offshore Wind Jobs and Economic Development Act," and the North Carolina Offshore Wind Coalition. A study released in December by the National Renewable Energy Laboratory estimates that North Carolina has more offshore wind potential than any state on the Atlantic coast-capable of supplying the entire state's electricity needs. Hopefully our politicians will encourage healthy choices for our state's future.*

*Thank You,  
Your Environmental Committee*

## **Upcoming Forum Schedule**

**June 12** High School Seniors Graduation Forum (see page 3)  
**Forums will return in the fall.**

## **IFC Needs**

The IFC collects items for its Pantry, the Community Kitchen, the Community House (men's residential facility), and Project Homestart (women's residential facility). For a complete list of items needed by each facility, visit the IFC website at [www.ifcweb.org/foodneeds.html](http://www.ifcweb.org/foodneeds.html).

The IFC can always use bags. Brown bags with handles are best, but they can use other types as well. Bring your extras to Meeting any Sunday. Put bags and donations in the green bin in the foyer.

## **Graduation Forum and Worship**

**Sunday, June 12, 2011**

Chapel Hill Friends Meeting will celebrate its annual graduation forum and worship on June 12. At 9:45 a.m., our young Friends will share the impact of growing up in a Quaker Meeting. Our 11 a.m. worship will allow our community to hold these young Friends in the Light as they move out into the world. Yes, there will be cake afterward!

### **2011 Graduates:**

Annie Cleaver  
Joseph Bishop  
Emily Ashley  
Michael Grathwohl

Please join us!

## **Welcoming Party for Kitty Bergel**

**Sunday, June 26, 4 to 6 PM, at Dottie Heninger's home**

Please join us to welcome Kitty Bergel as a new member of our Meeting. The Meeting approved her transfer of membership from the Orange County Meeting in California in April and now we want to celebrate. Please join us for a welcoming party at Dottie Heninger's home at Carol Woods (apt. 227) on Sunday, June 26th, from 4 to 6.

## **Minute from ECC Re: Meeting Renovations**

At its May meeting, the Environmental Concerns Committee approved the following minute: The Environmental Concerns committee is supportive of renovations to the Meeting House that are directly related to energy conservation. We urge the meeting to scrutinize and avoid renovations that are purely aesthetic due to the impact on our carbon footprints, material utilization, and the waste stream. Our meeting house is our plain dress.

## **Dimensions of Light**

**Submitted by Dirk Kelder**

On Sunday, February 13, 2011 Dirk Kelder presented a forum on the topic of "Dimensions of Light" in which he shared a few poems he had written a number of years before that spoke to the topic of the

forum. Each poem that he shared expanded upon a particular dimension of Light, which included the following:

- the nature of quality of the inner light
- facing and dealing with darkness
- our responsibility to the Light
- discernment and/or validation of the Light
- community / communion and the Light
- the inner light and the outer world

The first poem he shared was the following:

That which most hides the Light that shines within  
Is to deny the very existence of the Light itself.  
Rely on the Light and forget it not;  
Act in accordance with what it reveals.  
Rejoice that the Light is there.  
Proclaim the Light in all your thoughts and words and actions.  
For it is the Light that gives you wisdom and health,  
joy and peace and strength.  
It is the only thing that makes you you.  
Rejoice over the Light and all its barriers and covers will be removed,  
So that its radiance will beam out from you  
into every direction for all people to see.

He went on to read more poems, each reflecting another dimension of Light. At the end of the forum he was asked by a number of people to make them available so they could spend more time with them. For those interested in the other poems, the forum was recorded and a CD is available from the CHFM library.

## **Care & Counsel Documents on Website**

The Care and Counsel Committee has added two documents to our website. This is the committee that is responsible for memorial meetings for worship. They've posted a list of questions to consider when planning a memorial meeting, and a document that is a compilation of wording used in programs from previous memorial services that describes a Quaker memorial meeting. The documents are on the Faith and Practice page about preparing for death (<http://www.chapelhillfriends.org/preparation.html>).

## **Quaker House Seeks Director**

**Deadline August 1**

Quaker House, since 1969 an active peace witness in Fayetteville, NC, near Fort Bragg, seeks a DIRECTOR to begin summer/fall 2012. Qualifications: Alignment with Quakerism and its peace testimony; proven leadership skills, fundraising, writing, management skills; comfortable in a military-oriented environment. Appropriate salary and benefits, including housing/utilities in recently renovated historic house for Director and small family.

For more information: <http://www.quakerhouse.org>.

Inquiries to: [betsybrinson@yahoo.com](mailto:betsybrinson@yahoo.com). Closing date August 1, 2011.

## **Packing Peanuts Can Be Reused**

**Submitted by Emily Buehler**

Styrofoam packing peanuts (as well as new biodegradable varieties) can be reused by shipping/mail stores. I called these stores, who said they would take clean peanuts:

Postal Connections (on South Churton St near Food Lion in Hillsborough, 644 0019)

Main N More (on Hillsborough Road in Durham, 294 6424)

Pak Mail (on MLK Jr Pkwy in Durham, 403 8511)

The UPS Store (in Carrboro Plaza, 918 7161)

Other stores might take peanuts as well; there are many UPS stores in the area. The Fed Ex store does NOT reuse peanuts.

## **“Good Guide” Website Informs Consumers**

**Submitted by Emily Buehler**

The website [www.goodguide.com](http://www.goodguide.com) seeks to help consumers make purchasing decisions that reflect their preferences and values. Better information can transform the marketplace: as consumers buy better products, retailers and manufacturers have more incentive to make products that are safe, environmentally sustainable, and ethically produced.

GoodGuide has rated thousands of products, from food and clothes to cars and appliances; browse by category or search by name. The

top tabs give helpful information on a category (for instance, when looking at shampoos, the information is given that the common ingredient sodium laureth sulfate is often secretly contaminated with carcinogenic 1,4-dioxane) and details on how that category is rated. View the simple rating or get the full details for each product by clicking on it and then on the down-arrows next to the ratings. Each product's page includes ingredients and information about the company. It also lists higher-rated alternatives.

Products are rated in three areas: health, environment (including the company's contributions to global warming, air pollution, toxic waste, resource management, and more), and society (including the company's labor and human rights record, working conditions/benefits, community engagement, philanthropy, corporate ethics, and more). The ratings focus on data about the company rather than product data, which is harder to come by, although some product data is used. (The website includes detailed descriptions of how the ratings are derived and where data comes from.)

For example, the number 1 rated soap of 1319 soaps is Dr. Bronner's Liquid Soap, with an 8.9 rating (of 10). This rating breaks down into a 10 for health (there are no health concerns); a 7.9 for environment (for example, they only scored a 4.9 on reducing emissions that contribute to climate change, but scored a 10 for energy management); and an 8.8 for society (they scored a 9 for working conditions and benefits, but only a 7.8 for commitment to customer satisfaction).

Things are far more interesting at the other end of the spectrum. St. Ives Swiss Formula Liquid Soap ranks 1036th with a 3.5 rating. This rating breaks down into a 3.0 for health (6 ingredients pose health

concerns); a 3.1 for environment (including a 0 for water efficiency and a 5.6 for hazardous waste, indicating the company's liabilities for hazardous waste sites exceed \$50 million, or the company has recently paid substantial fines or civil penalties for waste management violations); and a 4.3 for society (including a 0 rating for employment benefits and a 5.1 rating for health and safety fines/penalties, indicating that the company has paid fines for willful violations of employee health and safety standards or has been involved in major health and safety controversies.)

Visit [www.goodguide.com](http://www.goodguide.com) to search for products, or to download their iPhone app for in-store searching.

## **Sunscreen 101**

**Submitted by Emily Buehler**

You may have heard rumors that using sunscreen can be unhealthy. The sunscreen story is very complicated, with many factors.

First, there are two categories of sunscreen: mineral and chemical. (There are also some hybrids.) Mineral sunscreens block sunlight physically (the same way wearing clothing does); you may remember the Zinka ads from the 1980's, featuring lifeguards and surfers with fluorescent-colored zinc oxide stripes on their faces. One problem with mineral sunscreens is they don't absorb as easily and make you look "funny" or feel sticky. Efforts to make them more absorbent have led to use of nanoparticles. Some people worry that these particles might absorb into the bloodstream, but there is no evidence of this.

Chemical sunscreens are more complicated. They work by “absorbing” UV light. UV light creates free radicals in the skin (bad). Sunscreen creates free radicals to react with the UV’s radicals, pacifying them. (So the sunscreen creates a little bad, which prevents a greater bad.) So, if you put on sunscreen and go outside for 5 minutes, the benefit is not worth the damage caused. Also, most people don’t use sunscreen properly--they don’t apply enough, and they don’t apply it 30 minutes before going outside. This reduces the benefit of wearing it, so that it might cause more damage than the UV rays.

There are three forms of UV rays. UVB rays cause sunburn. UVA rays (long-wave and short-wave) cause tissue damage and lead to skin cancer, wrinkles, and skin spots. A good sunscreen protects against all three. Many sunscreens claim to be “UVA/UVB balanced” but are not. Mineral sunscreens offer the best protection against UVA rays.

Numerous chemicals used in some sunscreens present health concerns:

- retinyl palmitate, a form of vitamin A, may break down in sunlight and speed skin cancer development.
- oxybenzone and 4-MBC are potential hormone disruptors, which can impact the regulation of the reproductive, nervous, thyroid and immune systems, particularly if exposures occur during pregnancy or childhood.
- oxybenzone can also trigger allergic reactions, and penetrates the skin in large amounts.

-other chemicals of high concern are 3-benzylidene camphor, OMC, padimate O. (For a complete list of chemicals of high, moderate, and low concern, see the website below.)

A website (<http://breakingnews.ewg.org/2011sunscreen/>) seeks to help consumers by rating sunscreens. (Note: this site has been criticized by dermatologists). At the website, you can look up any sunscreen and get a rating, as well as details about the problems with the sunscreen. The website's "Hall of Shame" lists some of the worst sunscreens, including some for babies that contain harmful chemicals and/or don't protect against UVA light (and cancer). You can also read much more about the confusing world of sunscreen, such as the concern that it reduces Vitamin D intake or about the superior sunscreens available in Europe.

## **Directory Updates**

Karen Merrey, [klmerrey@gmail.com](mailto:klmerrey@gmail.com)  
919-533-6756  
905 Fearrington Post  
Pittsboro, NC 27312

Jo McCreary. [jomccreary@gmail.com](mailto:jomccreary@gmail.com)

Penelope Mace, [penelope@ix.netcom.com](mailto:penelope@ix.netcom.com)  
Lesley Mace Fisher, [lesleymacefisher@gmail.com](mailto:lesleymacefisher@gmail.com)

**Chapel Hill Monthly Meeting  
of the Religious Society of Friends**  
**Meeting for Worship with Attention to Business**  
**May 15 2011**  
**(Carolyn White, clerk; Robin Harper, recording clerk)**

**Worship and query:** How do I resolve conflicts with others in ways that are loving and constructive?

Several Friends offered their reflections on the query including: conflicts do not need to be negative; in a good marriage, the partners learn to argue well; all have pieces of the truth; sometimes it is beneficial to go directly to a person who disagrees.

1. Welcome, recognition of first time attenders, review of agenda Karen Merrey; Steve, Eloise, and Michael Grathwohl; Colin Ulin
2. Review of minutes for April Meeting for Worship with Attention to Business   **Approved.**
3. Peace and Social Concerns Request  
P&SC would like to request a grant of \$162.27 from the Contingency Fund to be paid together with \$137.73 from the Committee's normal budget for a total of \$300.00. The funds would be paid to the JobLink Center (care of Malinda Marsh, 503 West Franklin Street, Chapel Hill NC) to pay for 10 prisoners involved in the prison ministry to take the Work Keys test. This test will qualify them for employment under the job readiness certification program of the Orange County Partnership to End Homelessness. (Hank Elkins)  
**Approved.**

4. Michael Grathwohl (Conscientious objector letter) (Attachment not available at press time)

Friends suggested Michael address the issue of being a non-combatant, if he is drafted into military service. Friends expressed pride, gratitude, and appreciation to Michael for his letter and his stand, and for the opportunity for self-reflection it provides to other Friends.

**Accepted, and copy with revisions will be coming.**

5. Colin Ulin (Conscientious objector letter) (Attached)

Friends expressed thanks to Colin for his letter, and for the video he made and made accessible for viewing by others ([colinulin.com/blog/tag/Documentary](http://colinulin.com/blog/tag/Documentary), and click on “I Want You(th) Documentary”). Appreciation was also expressed for the deep thought and reflection that went into it; it was clearly not just a letter of the moment. Friends remembered Colin’s father and grandmother, whose influence on Colin is clear, and acknowledged his addressing being a non-combatant, as well as a conscientious objector.

**Accepted.**

Both young men were asked to express what helped them most in writing, or getting to, this letter. Colin stated that he had wanted to build a portfolio to illustrate his CO status from the time he had first heard of its being done, but John Hite was most influential in helping him to realize that goal. As far as being a non-combatant, Colin did not want to be considered “an instrument of war” in any form. Michael stated that when he learned he could be recognized as a Conscientious Objector, he wanted to do it. He also mentioned the influence and support of John Hite and Curt Torell.

## 6. Proposed Budget (Matt Drake) (Two items attached)

Matt, for Finance Committee, presented the proposed budget for the 2011–2012 fiscal year. Along with the budget, he presented a report, making four proposed changes to the way our income streams are managed, summarized here:

1. Base our budget primarily on the unrestricted contribution income stream.
2. Place building rental income in the Physical Plant Fund.
3. Use football parking income first for the teens' program expenses and then to pay the tax for "Unrelated Business Income."
4. Place any money remaining in football parking income in the Meeting's general fund.

In response to questions, Matt mentioned that money in our Physical Plant Fund is carried over year to year, and that it currently has about \$9000 in it. This has been growing over the last several years. Some Friends expressed concern over the reduction to our benevolence spending that these changes may cause. After some discussion, Carolyn reminded Friends about the June 2 meeting that will focus specifically on the budget, and asked that members of Buildings & Grounds Committee be present at that meeting if possible, given the scope of the repairs and renovations that need to be done on the Meetinghouse and their potential impact on our budget. Final approval of the budget is planned for the June 19 Meeting for Business.

## 7. Report from Nominations (Jeff Brown) (Attached)

On the slate of names distributed, Jeff pointed out some items for Friends to note:

- \* Julia Cleaver was proposed as recorder, but her name was left off the slate sent out on the listserv.
- \* Nominations recommends merging CRE and YRE.
- \* Several committees are still in need of members, including ARE, B&G, and PFF.

Curt Torell suggested listing members of the Bridging the Faith Divide as a subcommittee of P&SC. Several Friends made suggestions for committee members, which Jeff noted. Thanks were expressed for the hard work of the Nominations Committee, and appreciation for the very tough job they do. Final approval of the Nominations roster is planned for the June 19 Meeting for Business.

8. Annual report of Building and Grounds (Don Hopper) (Attached) Don gave us a long but quick list of the projects Buildings & Grounds has accomplished this year. See the attached report for a thorough list and description. Don emphasized to Friends that there is still a very long list of things that need to be done to the Meetinghouse, more than can be done even considering the proposed \$2000/year increase to the Physical Plant Fund. Hearty appreciation was expressed for Don's concern for our Meetinghouse, and for B&G's tremendous efforts.

**Accepted.**

A suggestion was made for some members of B&G to be part of the Benevolences Ad Hoc Committee. A suggestion was also made for the creation of an ad hoc committee for renovations.

9. Annual report of Peace and Social Concerns (Tom Munk)

Friends were asked to look at this on our webpage in preparation for the June 19 meeting, where this item will again be on the agenda.

**Postponed.**

**10. Report of the State of the Meeting (Dottie Heninger)**

Friends were asked to look at this on our webpage in preparation for the June 19 meeting, where this item will again be on the agenda.

**Postponed.**

**11. Messages and Announcements:**

- Appointed Meeting for Worship with Attention to Business on June 2, 7:00 to 9:00pm, to consider budget and benevolences. There will be a report from the ad hoc committee on benevolences.
- Bridging the Faith Divide update is available. Curt Torell will send electronically.
- Open House today for Jasmine McEwen, new member of our Meeting, at the Drakes' home.
- Wren Hendrickson asked if anyone was interested in serving on the ad hoc committee to consider SAYMA membership, to please contact her.

**Worship and greeting**

**Attending:**

Perry Martin, Dirk Spruyt, Bettie L. Flash, Dottie Heninger, Kitty Bergel, Ruth Zalph, Marilyn A. Dyer, Jeff Brown, James Harper, Barbara Williamson, Karen Merrey, Ann Shy, Bill Jenkins, Sarah

Grimme, Miriam Thompson, Ken Grogan, Steve Grathwohl, Eloise Grathwohl, Michael Grathwohl, Colin Ulin, Pat Mann, Pam Schwingl, Tom Munk, Jennifer Leeman, Rachel Leeman-Munk, Lois Ann Hobbs, Anne Smith, Maria Darlington, Ann Miller, Lynn Drake, Matt Drake, Judy Purvis, Don Hopper, Nancy Elkins, Hank Elkins, Wren Hendrickson, Terry Mehlman, Carolyn Stuart, Leslie Rountree

### **CONSCIENTIOUS OBJECTOR LETTER (Colin Ulin)**

Dear Friends,

On May 25<sup>th</sup> of 2010, it became my legal obligation, as a male and United States citizen, to register with the selective service. During this process, it was brought to my attention that the registration form does not take into account the participant's moral, ethical, or religious position on war. Therefore, this letter should be read as an addendum to my registration form and documentation of my opposition to war and violence.

It is my firm understanding that I could never kill, or be involved in the killing of, another human being. This feeling is rooted in my moral belief that all people should be treated equally and the idea that there is that of God in everyone. William Penn famously once said, "True godliness does not turn men out of the world, but enables them to live better in it and excites their endeavors to mend it." This quote resonates strongly with me and speaks for the Quaker value of equality. Similarly, Jesus Christ once said, "thou shalt treat thy neighbor as thyself." Both of these quotes advocate nonviolent conflict resolution and compassion for all people.

During my time at The Woolman Semester, a small Quaker school focused on peace, justice, and sustainability, my views on the United States military became much clearer. One project that

made a significant impact was a documentary about military recruitment in public high schools. Every day soldiers across seas are subjected to horrible atrocities that will scar them for the rest of their lives. According to a study by the RAND Corporation, twenty percent of Iraq and Afghanistan veterans have reported symptoms of Post Traumatic Stress Disorder or serious depression. While I would never claim that this experience made me an expert on the subject, the interviews I filmed, that included seven high school students, a conscientious objector, an army recruiter, a teacher, and the director of Quaker House, certainly broadened my understanding and helped strengthen my opposition to war.

If I am allowed to stay true to my moral, ethical, and/or religious values, then it is obvious to me that I cannot in good conscience serve in the United States military or any instrument of war. While I hope that the Department of Defense never decides to reinstate the draft, I hope that, if they do, my personal values are not overlooked and that I am given conscientious objector status.

Sincerely,  
Colin Ulin

#### **FINANCE COMMITTEE REPORT TO ACCOMPANY THE DRAFT 2011-12 BUDGET FOR THE MAY 15, 2011 MEETING FOR WORSHIP FOR BUSINESS (MfWfB)**

Our Meeting is currently blessed with three income streams. Unrestricted contributions (generally in the \$60,000 to \$70,000 range in recent years) constitute, by far, the largest and most reliable source of Meeting support. Income from building rental (about \$4,000) and from football parking rental (about \$5,000) constitute the other income streams.

About two years ago, the Meeting approved the guideline that each year's budget should be balanced. Finance continues this guideline and recommends the following for 2011-12:

- 1. Base the budget primarily on the unrestricted contribution income stream.\***
- 2. Place building rental income in the Physical Plant fund.**
- 3. Use football parking income first for the Young Friends/teens' retreat and program expenses and then to pay the required tax for "Unrelated Business Income" (a little over \$500).**
- 4. Place any money remaining in football parking income in the Meeting's general fund checking account, with its use to be reported to MfWfB by Finance Committee.**

**Finance Committee has based the proposed 2011-12 budget primarily on the income total of unrestricted contributions received from July 1, 2010 through April 30 and planned through June 30, 2011. Our estimate is that contributions this fiscal year will total approximately \$64,000. (Should Finance find, after the close of the fiscal year on June 30, that unrestricted contributions did not reach \$64,000 or were more than 5% over \$64,000, the committee will return to MfWfB with a revised 2011-12 budget.)**

**The Meeting expense portion of the budget, as usual, is based on the amounts committee clerks and those overseeing "Special Funds" and "Future Needs of Meeting" have reported to Finance Committee. The total for "Committee Expenses," "Special Funds," and "Future Needs of the Meeting" is \$34,780.**

**The total available for benevolences becomes \$29,220**, the result of subtracting Meeting operating expenses (\$34,780) from the expected total of contributions (\$64,000). The benevolences amount will be 46% of the 2011–12 budget. The benevolence percentage in other budgets over the last 10 years has ranged from 42% to 50% of the total budget.

How the 2011–12 benevolence amount is to be shared among the “Wider Quaker Community” and “Local and Regional Organizations” was not part of Finance Committee’s charge. Finance can provide breakdowns of benevolence totals over most of the last ten years if that will be helpful.

Approved in Finance Committee, May 6, 2011

\***Statements in BOLD indicate Finance Committee recommendations.**

<b>CHFM BUDGET</b>	<b>2009–2010</b>	<b>2010–2011</b>	<b>Proposed 2011–2012</b>
<b>Committees</b>			
<b>Adult RE</b>	300	200	200
<b>B&amp;G Total</b>	15,300	17,020	17,020
Insurance	5,550	5,550	5,550
Utilities	5,500	5,720	5,720
Maintenance	3,250	4,750	4,750
Landscaping	1,000	1,000	1,000
<b>Care &amp; Counsel</b>	100	100	100
<b>Children’s RE*</b>	5,100	5,250	5,350**
<b>(Youth RE)</b>	2,000	500	
<b>Env Concerns</b>	650	650	650

<b>Finance</b>	300	250	300
<b>Hospitality</b>	450	450	450
<b>Library</b>	400	500	400
<b>Ministry &amp; Worship</b>	1,300	500	500
<b>Nominations</b>	25	25	25
<b>Peace &amp;SC</b>	300	400	550
<b>Pub &amp; Records</b>	1,800	2,100	2,000
<b>Total committee</b>	<b>28,025</b>	<b>27,945</b>	<b>27,545</b>
<b>Special Funds</b>			
<b>Nat'l Q Service</b>	2,000	2,000	2,000
<b>Meetg for Suffering</b>	135	135	135
<b>Contingency fund</b>	2,550	1,280	1,000
<b>Future Mtg Needs</b>			
<b>Leadership. Dev.</b>	1,750	2,000	100
<b>Phys. Plant Fund</b>	1,500	2,000	4,000
<b>Total Meeting Needs</b>	<b>35,960</b>	<b>35,360</b>	<b>34,780</b>
<b>Available \$ for Benevolences</b>			
<b>Wider Q Comm'ty</b>	23,170	23,200	<b>29,220</b>

<b>Local &amp; Reg'l</b>	9,600	11,500	
<b>Total</b>	<b>68,730</b>	<b>70,060</b>	<b>64,000</b>

\*Primarily first Day School coordinator and child care pay

\*\*Combined budget

## **NOMINATIONS COMMITTEE RECOMMENDATIONS 2011-2012**

Listed by name, year term ends, and term number

### **Adult Religious Education**

Francis Coyle 13, 4  
 Dan Darnell 13, 2  
 Dirk Kelder 12, 1  
 Andy Nelson 12, 1  
 Emily Nelson 14, 1  
 Bill Schweke 12, 1  
 Barbara Williamson 14, 1

### **Buildings and Grounds**

Jeff Brown 14, 1  
 Kathy Davis 13, 1  
 Lynn Drake 14, 1  
 John Hite ex-officio  
 Don Hopper 13, 2  
 Richard Miller 13, 1  
 David Schneider 12, 1  
 Tom Smith 13, 4

### **Care and Counsel**

Madeline Ashley 13, 1  
 David Brower 12, 2  
 Julia Cleaver 12, 1  
 Marilyn Dyer 12, 2  
 Beth Kurtz-Costes 12, 1  
 Perry Martin 13, 2  
 Gwynne Pomeroy 13, 1  
 Chris Stanley 12, 1

Carolyn White ex-officio  
**Recorder**  
 Julia Cleaver

### **Children's Religious Education**

Eloise Grathwohl 13, 1  
 Lauren Hart 14, 1  
 Wren Hendrickson 14, 1

John Hite 14, 1  
Bill McDonell 13, 1  
Kathleen McNeil, 13, 1  
Leslie Rountree 12, 1  
Meredith Tomlinson 13, 1  
Jochen Wachter 12, 1  
Andrea Wuerth 14, 2  
FDS coordinator ex-officio

**Environmental Concerns**  
Lauren Carreto 14, 2  
Robin Harper 13, 1  
Emily Harper youth  
Jennifer Leeman 13, 1  
Marolyn McDiarmid 13, 1  
Tom Munk 13,1  
Andy Nelson 12, 1  
Emily Nelson 12, 1  
Tom Smith 13, 2  
Dirk Spruyt 13, 2  
Pam Schwingl, 13, 1

**Finance**  
Jim Bartow 12, 1  
Kitty Bergel 14, 1  
David Brower 14, 1  
Matt Drake 14, 2

Bob Durovich 14, 2  
Michael Jokinen 12, 2  
Ann Miller 14, 1  
Brian Stuhlmiller 14, 1  
Judy Purvis ex-officio

**Hospitality**  
Alice Carlton 13, 1  
David Curtin 12, 3  
Ann Filiaci 13, 1  
Lauren Hart 13, 1  
Beth Kurtz-Costes 12, 1  
Jasmine McKewen 14, 1  
Stuart Phillips 13, 2  
Gwynne Pomeroy 12, 2  
Joanna Selim 12, 1  
Carolyn Stuart 13, 1  
Buffie Webber 14, 1

**Interfaith Council**  
Emilie Condon 14, 2  
Francis Coyle 14, 4  
Maria Darlington 14,1  
Ann Drake 14, 3  
Lauren Hart 14, 2  
Max Drake 13, 1  
Dottie Henninger 14, 2

Marie Hopper 14, 2

### **Library**

Bobbi Ackley 14, 1

Ann Booth 12, 1

Paul Haskell 13,1

Dirk Kelder 14, 2

Ann Miller 12, 1

Wendy Richesin-Dodd 14, 1

Anne Smith 13, 2

Ruth Hamilton 13, 1

Rebecca High 14, 1

Carl Hintz youth

Bill Jenkins 14, 1

Dirk Kelder 14, 1

Karen Merrey 14, 1

Paul Munk 14, 1

Ann Shy 12, 1

Miriam Thompson 14, 2

Ruth Zalph 12, 1

### **Ministry and Worship**

Max Drake 12, 2

Wren Hendrickson 13, 1

Dottie Henninger 14, 2

Jan Hutton 12, 2

Lloyd Kramer 13, 1

Pat Mann 12, 2

Judy Purvis 12, 1

Bonnie Raphael 12, 1

Larry Tabor 12, 1

Carolyn White ex-officio

### **Publications and Records**

Emily Buehler 13, 2

Julia Cleaver, ex officio

David Curtin 14, 3

James Harper 13, 3

Robin Harper, ex officio

Sam Leeman-Munk 13, 1

Terry Mehlman 14, 1

### **Piedmont Friends Fellowship**

Annette Broadwell 12, 1

Anne Filiaci 14, 1

Jeff Brown 14, 1

### **Quaker House Board**

Maria Darlington 13, 2

### **Peace and Social Concerns**

Francis Coyle 14, 3

Hank Elkins 14, 3

Sarah Grimme 13, 1

Tom McQuiston 12, 2

Pam Schwingl 12, 2

Curt Torell 12, 2

Ruth Zalph 12, 1

### **Carolina Friends School Board**

(To be determined after more discernment and communication with CFS Board Governance Committee)

**Shotts & Leadership**

**Development Fund**

Asta Crowe 12, 2

Lynn Drake 14, 1

Stuart Phillips 14, 2

Gwynne Pomeroy 14, 1

Leslie Rountree 12, 1

### **Youth Religious Education**

Recommend that the Meeting lay down the committee (responsibilities merged with Children's Religious Education Committee)

#### **Status:**

One or two more people needed on these committees:

Adult Religious Education

Buildings & Grounds

Piedmont Friends Fellowship (recommend a team of four)

Recommended by the Nominations Committee:

Jeff Brown (clerk), Savannah Crites, Maria Darlington, Lolly Dunlap, Anne Filiaci, Susan Inglis, Ann Kessemeyer, Leslie Rountree, and Buffie Webber

**ANNUAL REPORT OF THE BUILDING AND GROUNDS  
COMMITTEE**  
**Chapel Hill Monthly Meeting of The Religious Society Of  
Friends**  
**15 May 2011**

**Committee Members for 2010–2011:** Don Hopper(Clerk), David Schneider(Recorder), Tom Smith, John Hite(ex officio, Resident), Margie Brache, Peter DeLeeuw, Bill Cleaver, Richard Miller

**Retired from Committee:** Faye Stanley, Robert Rogers

**Monthly Meeting:** Meeting occurs on the 2<sup>nd</sup> First Day of the month in the Education Building

**Responsibilities:** Monitor the condition of the Meeting House and grounds; and, see to the maintenance and repair of same. Arrange work mornings for Friends to share in the maintenance of the building and the landscape. Oversee the Resident's activities, screen applicants and make recommendations for the Resident's position when necessary. Oversee the use of the Meeting House and the Education Building by Meeting and external groups, charging rent when appropriate.

**Highlights from Dec. 2010 – May 2011:**

- **Meeting House maintenance:** contracted with Premiere Painting to pressure wash, spot repair, and paint the exterior of the Meeting House, replace decayed post on front porch. Contracted with Sawyer Pest Control to treat Meeting House for termite infestation and prevention. Repairs were made to restore electrical service after uprooted oak tree pulled down cable to the Meeting House. Downstairs toilet was replaced with low water consumption toilet. Updated

electrical service was installed in computer area downstairs and a sensitive surge protector was installed for the electronic equipment located there. Contracted with Premiere Painting to repair and paint tool shed in the playground area(to be done in June)

- Energy Efficiency Improvements: Sealed and insulated the fireplace in Meeting Room. Conducted thermal imaging survey of Meeting House to find the leaky areas. Soon the ceiling and attic above the Foyer will be sealed and insulated. Arranged contract with Comfort Engineers for twice yearly maintenance of the HVAC equipment.
- Grounds Maintenance: Contracted with Bartlett Tree Experts to assess and prune large trees to remove failing limbs and reduce the canopy for safety. Cleared limbs around Magnolia tree to allow better ventilation and better aesthetics. Removed “weed trees” under Sycamore and Holly by parking lot. Contracted with TROSA to trim hedge, clear vines, and do general clearing. Early school contracted with TROSA to do major work around playground and behind the Education Building. Planted a deciduous azalea in the azalea garden in memory of Marnie Clark.
- Work Mornings: Held four work mornings with varied success in attracting non-committee members to help out.
- Resident: John Hite continues to serve as Resident in good fashion.
- Rentals: We continue to lease our space to the Chapel Hill Mennonite Fellowship. This symbiotic relationship brings in solid revenue to the Meeting while being helpful to the Mennonite Fellowship. Changes were made to the Building Use Rental agreement and policy to allow fund raising or money making in certain cases. Some fund raising activities

have been held by ECC and others. The Meeting has allowed for the use of the Meeting House for Friday Prayers by the local Muslim Community. This arrangement has worked smoothly.

The Committee is in the process of identifying aspects of updating the Meeting Room and the plant and equipment of the Meeting House. We shared this list of projects with the Finance Committee which they included in their annual report . See below. In the next few months Building and Grounds will come to Meeting for Business to seek permission to move forward with the renovations and ask that an ad hoc committee be formed to assist B&G in the work.

The Committee is working with the CFS Early School Head Teacher on an addition to the Education Building. This project has been completed to the point of a feasibility study and is currently under review by CFS.

**From Finance Committee Annual Report:**

Buildings and Grounds Committee is working on a list of meetinghouse improvements that includes the following. You can expect this list to grow.

- A. Place insulation on the inside of about half of the exterior walls downstairs.
- B. Replace about half of the windows and frames downstairs and all of the library windows with Energy Star windows and frames.

- C. Replace/repair the frames of the exterior doors, especially the front door.
- D. Improve the electrical infrastructure to allow for energy-efficient upgrades of the heating, cooling, and ventilating systems.
- E. Accomplish major insulation work on the ceiling of the foyer.
- F. Substitute energy-saving fixtures for the meeting room lights and for all the old fluorescent ceiling lights elsewhere.
- G. Replace the ceiling tiles in the meeting room with new tiles or drywall.
- H. Replace the plumbing, cabinetry, and most appliances in the downstairs kitchen.
- I. Replace the carpets upstairs with floor coverings that are more easily cleaned, less allergy affecting, and more environmentally-friendly.
- J. Repair woodwork and walls in the original portion of the meetinghouse and repaint walls and woodwork throughout the building.

Submitted by Don Hopper for Building and Grounds

# Calendar

(All events at Meetinghouse unless otherwise indicated.)

<b>Sun. 6/5</b>	8:30am	Meeting for Worship (Early)
	9:45am	Forum: Carolina Friends School
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
	12:30pm	<b>Potluck &amp; IFC donations</b>
<b>Tue. 6/7</b>	7–8pm	Yoke Fellows Prison Visitation – Call Hank Elkins
<b>Fri. 6/10</b>	5–6pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd
 <b>Sun. 6/12</b>	 8:30am	 Meeting for Worship (Early)
	9:45am	Forum: High School Seniors Graduation
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
	12:30pm	Peace & Social Concerns Com. – Schoolhouse
<b>Tue. 6/14</b>	7–8pm	Yoke Fellows Prison Visitation – Call Hank Elkins
<b>Wed. 6/15</b>	10am–12pm	Quaker Women's Gathering – Bettie Flash Home
	7pm	YRE Committee – Meetinghouse
<b>Fri. 6/17</b>	5–6pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd
 <b>Sun. 6/19</b>	 8:30am	 Meeting for Worship (Early)
	9:30am	<b>Meeting for Worship w/Attention to Business</b>
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
<b>Tue. 6/21</b>	7–8pm	Yoke Fellows Prison Visitation – Call Hank Elkins
<b>Fri. 6/24</b>	5–6pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd
 <b>Sun. 6/26</b>	 8:30am	 Meeting for Worship (Early)
	9:45am	Forum: Forums will return in the fall
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
	12:30pm	Environmental Concerns Com. – Schoolhouse
	4–6pm	Welcome Party, Kitty Bergel – Dottie Heninger's home
	10pm	<b>Deadline To Turn In Items For Newsletter!</b>
<b>Fri. 7/1</b>	5–6pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd

<b>Sun. 7/3</b>	8:30am	Meeting for Worship (Early)
	11am	Meeting for Worship (Late)
	11am	Meeting for Worship – Carol Woods
	12:30pm	<b>Potluck &amp; IFC donations – Schoolhouse</b>
		Environmental Concerns Com. – Schoolhouse
<b>Tue. 7/5</b>	7–8pm	Yoke Fellows Prison Visitation – Call Hank Elkins
<b>Wed. 7/6</b>	10am–12pm	Quaker Women's Gathering – Bettie Flash Home
<b>Thur. 7/7</b>	9am–1pm	CHFM Serves Lunch at Interfaith Shelter
<b>Fri. 7/8</b>	5–6pm	Vigil for Peace & Justice – E. Franklin & Elliot Rd



**Chapel Hill Friends Meeting  
Chapel Hill Monthly Meeting of the Religious  
Society of Friends**  
531 Raleigh Road, Chapel Hill, NC 27514  
929.5377

Meetings for Worship at 8:30 and 11:00am

Forum at 9:45am

Child Care from 9:30am–12:15pm

First Day School from 11:15am–12:00pm

Clerk of the Meeting: Carolyn White (967.4926)  
Resident: John Hite (929.5377)

This newsletter is published every first Sunday under the care of the Publications and Records Committee. The deadline for submissions is evening, last Sunday of the month. Please email submissions to [news@chapelhillfriends.org](mailto:news@chapelhillfriends.org), or call Emily Buehler at 475.5756.

To send Meeting News and In The Light announcements via email, or to get your name on our listserv, contact [news@chapelhillfriends.org](mailto:news@chapelhillfriends.org).

This and past issues of the newsletter are available online at [www.chapelhillfriends.org](http://www.chapelhillfriends.org). To get items posted on our website, send the information to [news@chapelhillfriends.org](mailto:news@chapelhillfriends.org).